

St Andrews Leckie Church



Caleb Cassidy

Psalm

Magazine

Let there be light!

I am not a fan of the clocks changing, and the hours of daylight shortening. In common with many, this dark time of year can leave me feeling gloomy and longing for brighter, lighter, longer days. I found myself praying, “Lord as the days become darker, would you fill our church with the light and joy of your Kingdom and your Son Jesus.”

The Bible brims full with promises of light.

“You Lord, are my lamp, the Lord turns my darkness into light” (2 Samuel 22:9)

“The Lord is my light and my salvation. Whom shall I fear?” (Psalm 27:1)

God is “radiant with light” and “dwells in unapproachable light”. He is our “everlasting light” and makes His “face to shine upon us” so that we can “walk in the light of His Presence” and know peace.

Jesus proclaims, “I am the light of the world” and the gospel declares that “in him a light shines and the darkness has not overcome it”

The Psalmist prays, “Your word is a lamp to my feet, a light to my path” (Psalm 119:105).

In this light giving Word, God encourages us to stand up for our light has come, to walk in the light, to be filled with light and to put on the armour of light. He calls us people of the light, children of the light, even the light of the world.

Over the coming months including Advent and Christmas we will be reflecting on this theme of light in the Bible, learning how to receive His light, be filled with His light and shine with His light.

Malcolm Jefferson

Sunday Services

If you are able, please come and join us in church.

Morning Service

Our Service starts at **11am**, doors open at **10:40am**.

please try to arrive at least five minutes early, as we start on time for the live stream (morning only).

Evening Service

Our evening service starts at **6:30pm** doors open at **6:10pm**

Alternatively you can watch our morning services online through our livestream on our **website: standrewsleckie.co.uk**

Morning Online Prayer Meetings

Mon/Tues/Wed/Fri: **8.30am-9am**

Thursday **8.00am-9am** pray for revival

We gather to pray for God to move by His Spirit, bringing His kingdom near and people to know Jesus.

For the new google meet link
email office@standrewsleckie.co.uk or
Nancy@standrewsleckie.co.uk



Support and Prayer

If you would like support or to have someone to talk with, or pray for you, you can make confidential prayer requests through:

Our website www.standrewsleckie.co.uk

Facebook Page [Leckie Prayer requests](#)

or contact us by **email** at nancy@standrewsleckie.co.uk

or **telephone** [01721 723 121](tel:01721723121)

Monday-Friday 9.30am to 12:00

We also have a prayer request box in the entrance of the church.

Ask one of our welcomers to show you where it is.

We would love you to use it.

Our Prayer Room

As part of our Sunday club, one person from our prayer team prays with the children in our prayer room. God is at work building the prayer life in the children of our communities.

On our **evening services** you can also join us here to pray from **17:45-18:15**

(except on the 2nd Sunday of the Month when we have Prayer and Praise instead of a sermon)

The Communion and Adherents Roll of this congregation is going to be attested by the Kirk Session as a true and accurate record of all members and adherents of the congregation. If you are not a member or adherent of this congregation and wish to be, please can you contact our Session Clerk Susan Hotchkiss or the church office, who will discuss with you what happens next.

sessionclerk@standrewsleckie.co.uk

or

office@standrewsleckie.com

Christmas cover competition

Malcolm had a hard job in choosing our winner for the front cover competition. Thank you so much to everyone who had taken part. well done to our winner

Caleb Cassidy
10years old



£10 INITIATIVE

Firstly, a word of thanks to the person who gifted £1000 to the church to facilitate this initiative. Secondly, a huge thank you to all who took part in and supported our church fund-raising initiative. It was wonderful to see people coming together to share ideas and events, ranging from jam making to sponsored cycling and walks, and everything in-between.

We hosted a Quiz Night, inviting people from all of the other local churches and had some 80 plus participants from 8 different churches. The scores were incredibly close with only a 9 point difference between the team in last place and the winners!

An engraved trophy and winners' medals were presented to the winning team from the Old Parish Church who won by 1 point! We hope to make this an annual event so watch this space.....

At time of writing, all monies have not yet been returned but the final figure is expected to be in excess of **£7,000**. This was a great team effort so thank you all for your hard work and use of your time and talents.

Mary & Les Ritchie



Prayer Ministry

Our trained prayer ministry team are available after each Service to pray for you. Two people will sit with you and listen to your request then with the guidance of the Holy Spirit will pray in the authority of Jesus name.

We're excited to have an enthusiastic group of children and young people who are willing to pray for people too. Their prayer ministry started on Sunday **28th September** and was a very blessed time of prayer. They will be available again on **2nd November** and **7th December**.

God's word in Mark 16:18 says " they will place their hands on sick people and they will get well." Please come forward for prayer after any Service.

The 24-7 Global Week of Prayer was wonderful.

This prayer was prayed in nations all around the world

Father of the nations, we join with our global family, lifting voices and hearts to you, the Creator, who reigns over all. Please hear our prayer:

Lord, show us your glory.

Come quickly, shine brightly, illuminate every part of the world. May your glory be revealed by the power of the Holy Spirit, and your Son, Jesus, exalted across the earth.

Lord, show us your glory.

Strengthen your church, may it be a light in the darkness. Where there is weakness, give strength. Where there is fear, grant courage. And where there is despair, ignite hope.

Lord, show us your glory.

We ask for new life to spring forth, for joy to overflow and your kingdom to come. Help us to find our voice and empower our witness that we might proclaim your truth.

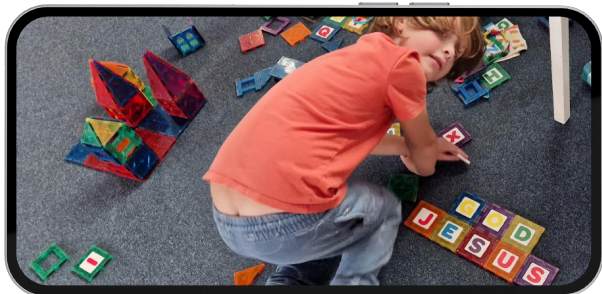
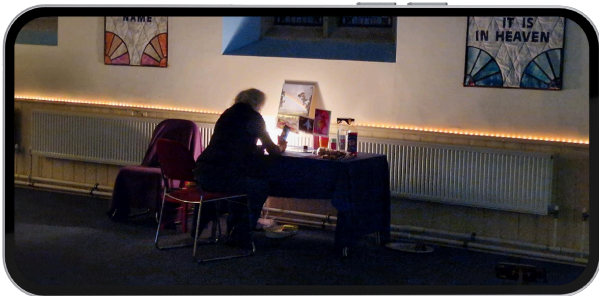
Lord, show us your glory.

Shine your light into the darkness, transform our nations, heal our land, and bring peace to all. Jesus, reveal yourself as the way, the truth, and the life throughout your beautiful planet.

Lord, show us your glory.

In the name of the Father, the Son, and the Holy Spirit. Amen.

Our prayer events and prayer stations were well attended and led us into encounters with Jesus. We think that having the prayer space available during the day helped people to come along, so we're doing this again for our next *24-7 style prayer time* at the end of October, which includes a Light Walk at 6pm on 31st October. I am sure that God will provide the right people to come along to this, and it will be a time of great blessing.





We continue to meet together to pray using Google Meet every morning Monday to Friday, at 8:30am for 30 minutes. Thursday is our fervent prayer for God to move in revival power; we begin at 8am and pray for an hour. You can join any morning for as long as you are able, even just 10 minutes. Please see below for the Zoom Link. As our church vision is to become a round-the-clock house of prayer, this time together is very blessed and a special time of connection in our church family. We'd love to have more people join us. Here's what people say about this time each morning:

“I cannot recommend highly enough to invest 30 minutes in morning prayers 8:30am until 9 if you can. It sets me up for the day. And whatever I face God equips me with everything I need.”
Wilma Barrett

“We started praying for Revival on 3rd January 2019 at 7.00 am in the then, Vestry. Although very early, we caught some of the Edinburgh commuters before they left for the bus. God had placed on my heart that we should pray for Revival and I'm so pleased and encouraged that we have continued to do so. When COVID struck we were forced to pray using Zoom and also extended our prayers to every weekday at 8.30 am, 8.00 am on a Thursday. What a wonderful start to any day, praying together and sharing encouragements, concerns and the joy of knowing that when we speak, our God is listening. Please join us, you won't regret it.” Yvonne

**For the new google meet link
email office@standrewsleckie.co.uk or
Nancy@standrewsleckie.co.uk**

Dates for your diary:

Wednesday **26th November** at 9am prayer room 10am prayer walk
Friday **30th January** 24-7 style prayer.

Thanks everyone.

Nancy

nancy@standrewsleckie.co.uk

How did you find your faith???

"This month, Presley Horne shares the inspiring story of how he found his faith. I hope you find it as moving and meaningful as I did."

As a child I was primarily raised by my grandmother, who believed in God but we rarely attended church, other than the usual services with the primary school.

I think I really drifted away from faith in my teenage years, none of my friends believed in God and I guess I just bottled up my own thoughts and feelings.

Childhood/ family trauma definitely took their toll on me and from about 20, I used alcohol as a way of self medicating these issues.

At its worst, I was drinking a bottle of whisky everyday. Mixing with the wrong friendship groups and partners, God was the last thing on my mind.

When I finally stopped drinking, it took a long time to deal with the emotional things I had been trying to numb myself from. Deep depression almost cost me my life.

Things changed forever when I met Jodie, and we started our family. Holding a new born baby for the first time, I knew in that moment, there IS more to life.

However we were both still searching.

A combination of no family/support, COVID/pandemic and health concerns really took over and broke us. We felt so lost and on our knees, quite literally calling out to God.

Then suddenly a friend mentioned Boys Brigade, it gave/gives our children so much joy. We felt welcomed by the church but it was the Light walk in October, when my life completely changed. That night was so special and I was overwhelmed with the feeling of God. When we got back to the church, I had a moment of prayer with Laura and Malcolm, that is when I felt the Holy Spirit and I surrendered everything.

Later that night, I prayed and brought everything to Jesus.

The Leckie is such an amazing and important church, it is overflowing with love and kindness. With so many faithful Christians. We cannot thank you all enough for opening your door and hearts to us as a family. Jesus has saved our lives.



In January, we are going to try something different from Alpha as a course to help people explore what we believe about Jesus. It will follow a similar format to Alpha, with a meal, a video and a time of discussion but it is much shorter and will take place over just three Monday nights in January. Is there someone who doesn't come to church that you could invite to go along with you? Read on to find out more...

Six hundred years before Jesus was born, a prophecy was made about him, that he would be called "Wonderful Counsellor, Mighty God, Everlasting Father, Prince of Peace".

The gospel of Luke, which is an account of Jesus's life, explains how these prophecies came true, and that this is great news for all people.

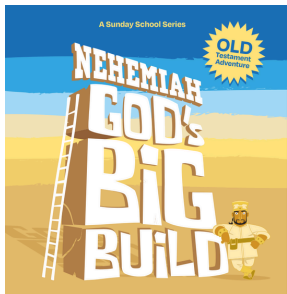
All over the world millions of people find hope and help in knowing Jesus Christ.

Hope Explored is a three-session series about the life, death and resurrection of Jesus that examines his extraordinary claims. Through teaching from Rico Tice and studies from Luke's Gospel, Hope Explored shows how Jesus offers us a hope worth having, a hope that won't disappoint us.

Over three sessions, Hope Explored presents the life, death and resurrection of Jesus, and provides an opportunity to discover how he fulfils three great longings we all experience: the longing for hope, peace, and purpose.

If you would like more information or would like to join us, please email office@standrewsleckie.co.uk

Sunday Club update



This term our Sunday Club children have been working through a block on the book of Nehemiah. This has been a great block and each week there have been clear links to the children's own lives.

The first week we learned about how Nehemiah, cup-bearer to the King, was heartbroken when he heard of the destruction in Jerusalem. He wanted to travel there to help the people but didn't think the King would allow him. He nervously prayed before approaching the King. Miraculously, the King not only gave him time off work, but also gave him all the resources he needed to travel and to help rebuild the city. Oh how God loves to answer our prayers abundantly! The children spent time praying for each other and for things they felt anxious or worried about.



As we learned about what a cup-bearer was we tried a variety of drinks blindfolded! Tomato juice was not very popular but Martin liked it!

The next week our story moved on to the walls and gates of Jerusalem being rebuilt with Nehemiah at the helm. We learned about how all different people, from a range of backgrounds all came along to help. We thought about our own church, and how our church family is made up of all different sorts of people, and through us God is building His church. We prayed for people in our church family and thanked God for people in our lives that give us a helping hand.



**We built walls
of our own
using biscuits
and icing
sugar!**



We then learned how Nehemiah's experience in Jerusalem was challenged by rich people taking advantage of poor people, and expecting them to pay interest on money loaned to them. We thought about the importance of caring and looking after each other and how Jesus calls us to love one another. We prayed for injustices in the world and for people in need.



**We made hanging spirals that said "I can care for others
because God cares for me."**

Nehemiah then experienced attacks from his enemies who were trying to stop him rebuilding the walls. We thought about how Nehemiah kept persevering despite the enemy attacks, and how he turned to God in prayer to ask for strength.



To illustrate the story, some of the children tried building walls with toy blocks while others tried to stop them by throwing toy snowballs at them! It was a lot of fun! We prayed for God's help to protect us from spiritual enemies and to help us persevere when things are feel hard.

At the time of writing this article, we have 2 sessions left of our Nehemiah block. We are still to see the completion of the walls and gates around Jerusalem, and how the people realised the ways they had gone astray from God and promised to change and live differently, seeking to obey God's word.

The last session of our block has an amazing title '**God's church will never fail!**'. We want the children to understand that even if we try really hard to live the way God wants us to, we won't manage it. Just as walls built on a shaky base won't stand, so the church will not stand or last if it is built on our own shaky ability to be faithful to God, keep our promises and get things right. The wonderful news is that Jesus is the secure foundational cornerstone that we, his shaky people need. Jesus always gets things right, every promise He made was perfectly kept. As His church, we build on Him – He keeps us straight and true so that the church will stand forever and never fail. **We want the children to see that the church is the best and most secure building project to join in with. Because of Jesus, the church is the build that will last eternally.**

Car wash

Thank you so much to all the children and parents who helped at our car wash, and to everyone who trusted us to wash your cars! We were pleased to raise **£118** for our efforts!



The children had fun too as you can see from the photos!



Children and Young People's Prayer Group

I spoke in the last PSALM magazine about our plans for our children and young people's prayer group, a new group who will offer prayer ministry within our church. I'm excited that this group is now up and running! The group prayed during the healing prayer session at the global week of prayer, and also offered prayer ministry after the morning service on 28th September. These times were so blessed! It is wonderful to see children (the youngest of whom is 6 years old) and so many of our young people with a heart for prayer and praying for others. I am excited to see how God will work through their prayers, and how this will help the youngsters to truly encounter the Lord and deepen their faith. We have plans to offer healing prayer ministry at our prayer times at the end of the month (Friday 31st Oct at 2pm) and after the Sunday morning services on 2nd November and 7th December. We'd love to pray for anyone, for any reason or for no reason at all, but simply to bless you. Do come forwards and have the children and young people pray and let the Lord bless everyone!

Kingsland SU group update and request for Children's Bibles

The Scripture Union group has now been running for about a year at Kingsland Primary School. This group is led by Una Morris, Nancy Thomson and myself, and includes children from P5 to P7. It runs on a Friday morning and the children have aptly named it 'Friday Bible Brunch Club'! We work through SU materials which introduce the children to Bible stories through drama, games, crafts and prayer times.

At present we have 14 children who attend regularly, and most of them are not from Christian households. It's such a privilege to be able to tell them about Jesus, and the children are so open and receptive.

Here is a photo of the children learning the story of Daniel in the lions den!



We would love to be able to have some Bibles to share with the children. Ideally we would like to give one to each of them to take home and keep. We'd also love a few more to use during group time, where we can be teaching the children how to find the stories we are reading that day and equipping them to read their own Bibles at home.



We wanted to ask if any of you happen to have Children's Bibles on your shelves at home, that aren't being used and that you might like to donate. Perhaps you have grown-up children who no longer need their Children's Bibles! We'd love to have good condition full Bibles such as Good News or International Children's Bible versions. So please do look out any you may have and be assured they will be put to the very best of use.

I'm very happy to receive any Bibles at any time!

Thank you
Laura Cassidy



SOUL RESTORE Counselling

Soul Restore Counselling is your Ministry, an outreach to all the community, resourced by St Andrews Leckie congregation; in prayer, money, and volunteers. Thank you so much from all the team, for those of you that used the £10 challenge event to make money grow to support the counselling of clients. However, the church and its ministries face challenges of resourcing to continue with all the wonderful work we deliver to the community; that is counselling, youth work, and café to name but a few. Clients do support the counselling too, and are asked to contribute a minimum donation per session. However, nobody will be turned away through inability to donate.

At the end of 2025, after working as administrator part time since Soul Restore began in September 2020, Kathleen Mason will have a well-earned retirement. We will miss her skills and dedication to the smooth running of the counselling, and to all of the team day to day. Due to restrictions on finances, we had to uncover a creative new approach to address the vacancy. And so from January 2026 there will be two new internships that will cover the majority of the tasks.

We are grateful for the Lord's provision with an intern manager post, and an intern administrator post. Hopefully this will grow skills in-house sufficiently to cover the bulk of the work.

We do need a volunteer cleaner, who would be trusted to call in to clean the 3 rooms on a day they are not in use. It is likely to take around 45 minutes. The shared areas are cleaned by our Landlords Scottish Borders Council. Please, if you feel you could help in this way speak to me, and we can have a chat.

I am thankful for the Lord's drawing two fully trained counsellors into the ministry in the last few months. Abby joined the team in June, and Elizabeth in September. This crucially means we have a full capacity of 5 counsellors, and me, at present. Much needed as there is a waiting list, with most people who ask for counselling waiting up to 4 months, once they start with us they have an average of around 18 counselling sessions over the months that follow.

We rely on you to spread the word! The best form of marketing has been the flyer that can be picked up from the dispenser at the church gate or in the entrance to the hall. The Community Café has also seen clients become aware of the service.

If you know of someone struggling emotionally, or if you are, pick up a leaflet or go to our website www.soulrestore.co.uk

We have counselling rooms at the County Buildings, Rosetta Road, Peebles, where we have disabled access, a side shared entrance, and some parking.

Due to keeping client confidentiality, I cannot tell you much of what goes on in the counselling room. The counsellors do have a privileged position, in supporting others and witnessing their growth and their release from experiences that have burdened them.

I can give you a taste of some of the things clients write on the evaluation form when they complete their counselling sessions. What they say:

- A simple process to sign up for counselling. Not expensive and so easily accessible. My counsellor was kind, warm, and patient
- Sound counselling, listened to, supported, and because of the Christian ethic sound!
 - Welcoming and calm, help when you need it most
- This is a counselling service focused on you, as a person. Soul Restore is a very apt name, it has certainly helped me restore mine
 - Tailored, comprehensive, accessible, professional
- Lovely counsellor and I love that you can donate what you can, so its accessible to all!

Thank you for supporting Soul Restore Counselling Ministry, we are here for you and all who want to explore what's happening in their lives through counselling, anyone can self-refer:

A banner for the Refuel Festival featuring a purple and blue gradient background with a faint image of a band performing on stage.

Refuel Festival

5th - 9th August 2026

The Refuel festival was born in 2017 and responded to a prayerful calling to gather Christians together in one place and to demonstrate the unity prayed for by Jesus in John 17:23.

“That they may demonstrate such perfect unity that the world will know that Jesus was sent by God”

Since then, Christians from all over the UK and abroad have come together to enjoy an all age family festival. For Refuel 2026, we are stretching our tent pegs to Aviemore!

With worship leaders and guest speakers coming from all over the world, Refuel is ready to welcome families, churches, youth groups, home groups, campers, glampers for a week long holiday, fun, inspiration and ENCOUNTER with Jesus and His people.

Booking opens the 3rd November 2025.



Magnitude Festival 2026

18-22 JULY

LENDRICK MUIR

Magnitude is a five-day annual Christian youth festival for young people aged 11-18. Based in the breath-taking Lendrick Muir, near Kinross, it is a week like no other: a space to encounter God, enjoy community and experience nature together.

They exist to see a generation of young people captivated by the magnitude of who God is and transformed by encountering Him: a movement of young people, thousands strong, who go on to transform their churches, transform their communities, transform their nation and transform the world. We are Magnitude, an invitation to more.

Tickets for Magnitude will go on sale in November 2025



1st Peebles Brigade have been doing so many different things over the past few months!

Our 18 Anchors members love to make dens, crafts and to play parachute games! Lizzie leads this group with Loida, Presley, Natalie, Grace and Kevin, sometimes Hannah pops in too when she is back from Uni!



Our 16 Juniors members have played lots of team games and relays. they also had gymnastics and ukelle lessons! Stevie leads this group with Bruce, David, Gosha, Danielle, Dylan and Jaime.





Our 16 Company members have had some big challenges, the tube challenge with the whole group, the bridge challenge in their squads and learning to play chess ready for the competitions! We are also doing the FIFA, Badminton, Table tennis and Quiz competitions! Chris, Kevin and Sarah lead this group.



Youth Groups

On Sundays we now run two groups for young people during the church service. Both groups are attended by young people in P7 to S6. (ages 10–17) Fizzies is for those young people who learn best through games and activities. There is always a Bible message and prayer too but it's a bit more interactive and there are usually fizzy sweets!

Sharpies is for young people who prefer a to just get stuck into the Bible and what it says. We have an open discussion about a Bible passage, underlining key words and phrases and thinking about how the passage applies to our lives.

Mintitude on Sunday nights continues to meet approx. alternate weeks, with good food, games and discussions about current issues. It's at Andy and Moira's house usually- if you are 13+ and want to grow in your faith this is a great group to get stuck into!

If you would like more information or to join our groups, email sara@standrewsleckie.co.uk

Peebles High School

We are trying a new school lunch club at PHS this term! We run Youth Club Games in the dance studio on Monday lunchtime. It's a small group of very enthusiastic young people, who love to play dodgeball, football, slow boats, signs.... Lots of running about and fun!

We also continue to visit the school for mentoring support and also Thursday Hub where young people can meet youth workers, police and social workers to get chat and advice about life, alcohol, drugs, crime, relationships, stress....

Anything really! We aim to build relationships with the young people and these agencies so young people feel they have a good support network in a crisis.

Ceilidh Friday 28th November 7pm

Don't forget to get your tickets at the early bird prices for our Ceilidh!

Please see the button on the homepage of our website on the website, ChurchSuite or Facebook to get the booking link, or contact the office if you don't have internet access.

This is a great opportunity to invite friends and family along to our church for an amazing night of music and dancing.

We are so excited to have the brilliant band Jigginaboot are coming again!



St Andrew's Leckie Church

Ceilidh

When: Friday 28th November, – 7:00 – 10PM

Where: St. Andrew's Leckie Church

Get your early bird price before the yare gone

Dress: Comfortable shoes & a joyful heart!

Join us for a lively evening of music, dancing, and community spirit at our Church Céilidh. Whether you're a seasoned dancer or a first-timer, come along for fellowship, fun, and refreshments. Everyone is welcome!



St Andrew's Leckie Youth

contact
Sarah@standrewsleckie.co.uk
or see our website
leckie.church for more info

Sarah

Costa is a great place for us to meet with the young people we mentor. A warm drink in a relaxed space helps us to build trust and have a chat; it's also a public space which helps us to follow best safeguarding practice.

Would you like to purchase a COSTA voucher for us?

it will help us to support even more young people in Peebles.

Thank you!

Sarah and the youth team

Remembrance Service

We will be having an earlier and shorter service so that we can finish in time for the act of remembrance at the Quadrangle. Children and young people will go straight to their groups at 9:45am

Service at 9:45am

Go to the Quadrangle at 10:50am

Come along and see our amazing poppy display made by some of our lovely ladies in our congregation, a lot of hours of hard work went into this.





"EACH ONE SHOULD USE
WHATEVER GIFT HE HAS
RECEIVED TO SERVE OTHERS,
FAITHFULLY ADMINISTERING
GOD'S GRACE IN ITS VARIOUS
FORMS."

1 PETER 4:10

Soul Restore

We need a volunteer cleaner, who would be trusted to call in to clean the 3 rooms on a day they are not in use. It is likely to take around 45 minutes. The shared areas are cleaned by our Landlords Scottish Borders Council. Please, if you feel you could help in this way speak to Janice Pace.

Church

With our halls getting used more and more, we are looking for a cleaner to do 1-2 hours on a Wednesday morning before the community cafe, To clean the kitchen and the church hall. Speak to Susan Hotchkiss if you think you can help.

Pastoral Care at Our Church

Pastoral care isn't just something a few people do, it's something we all share in together. From welcoming newcomers on a Sunday, chatting over coffee, or visiting friends during difficult or joyful times, we all play a part in caring for one another.

Much of this care happens naturally within our smaller church groups, our bible study groups, house groups, and prayer triplets, this is where people know and support each other best.

But the pastoral team is also here to help when extra support is needed. We have cards for writing letters, a budget for gifts, flowers, or practical items, and we can also connect people with other agencies and with our counselling service Soul Restore.

At the moment, our pastoral activities include home visits, letter writing, and providing practical help such as food and clothing. We also have our church cafés, First Tuesdays and the Wednesday Community Café, that offer spaces for coming together.

If you or someone you know needs to support or to contact the pastoral team please get in touch with the office or fill in the Pastoral Care Form (found on the wall beside the hatch in the church hall).

As always thank you to everyone who helps in this ministry, whether you are part of the ministry team or do it yourself.

Maggie Henderson

Wilma Barrett`s Christmas poem

CHRISTMAS 2025

We have special celebrations throughout our church calendar year when Easter time, Harvest Festival etc., etc., appear.

Then comes December and its Advent joy, preparing for the birth of a special baby boy. Shepherds in their fields on a cold stormy night, a very large star shining over a stable so bright.

The angels sang Good News to mankind. The Wise Men went to the stable and what did they find? Mary's baby boy, Jesus in a manger where he lay, Jesus saviour of the world born that day. Born to save the world which was full of sin; the gates of heaven were opened so we can enter in.

Jesus is God's gift for me and for you. It's a precious gift I believe God really wants us all to receive.

Community Cafe News

The cafe is open for everyone from our church family to local people to those in Peebles on holiday. If you're free on a Wednesday between 3.30 and 5.30pm pop in and see us!

Nancy, Susan and myself (Maggie) would like to thank all our wonderful volunteers who make running the Community Cafe possible. It takes many volunteers, from preparing food to serving, washing up, and leading in the kitchen, without you all it wouldn't be possible.

The cafe is an important part of our church's outreach, providing a warm and welcoming space where people can find community, friendship, practical help, and signposting to other local services. We have helped people with urgent food requests, signposting to social work, we've seen friendships formed. Sometimes, people pop in when they're down on holiday but many times the cafe is filled with people from our local community without a connection to church.

Robin Lee is now running a Parkinson's Support Group at the café on the first Wednesday of each month. Please pray for all those who attend, that they would find comfort, understanding, and encouragement through friendship and shared experience.

As the cafe continues to grow, we're always looking for new volunteers to join the team, even if you can only help occasionally, you could bake or make soup, serve tea and coffee, or even if simply spend time chatting with visitors. If you'd like to get involved or learn more about how you can help, please speak to me, Nancy or Susan.

Thank you again to our volunteers, our church family who pop in and speak to people and those who hold up our work in prayer.

Think ECO

It has been a while since we had an Eco Congregation article so I think it is good to have a reminder of some of the ways we can save energy at home.

- Turn off lights & standby switches. This includes your iPad and phone chargers etc, which all use a bit of electricity even when not being used
- Change your light bulbs to LEDs These use 6-10 times less electricity than old incandescent bulbs. Replacing halogen and incandescent light bulbs with LEDs is better for the environment than letting them run until they fail, whereas keeping CLF (the 'curly' long life bulbs) until they fail is better, putting them in places where they stay on for a long time as they use most electricity being turned on (like the old-fashioned strip lights).
- Kettle - only fill with as much water as you need
- Washing - washing clothes on a 30 degree wash... .. is enough for most things
- Learn how your heating controls work. This will mean that you can use them as efficiently as possible and therefore use less energy
- Hang washing outside... .. as often as possible (we do live in Scotland!), even if only to start off the drying process. If washing needs to be dried indoors try to hang it all in one room with the door closed so that damp is confined to one room, with some heating on. If the room has an extractor fan use this, or open a window later to ventilate the room.
- Turn your room thermostat down... .. by a degree or two (and be prepared to wear more clothes). But not too far, we want you to stay safe.
- Go thick & thermal! Thick, thermal curtains and blinds make a big difference, and closing them at dusk means they are already shut before the temperature drops suddenly
- Insulate, insulate. Insulating water tanks, pipes and putting reflector foil behind radiators on outside walls will all prevent heat escaping. Draughts account for a huge loss of heat. Particularly check for draughts where pipes come through walls, floor or ceilings or where the floor, wall and skirting meet.
- As well as our homes, think about our church home. As the colder weather approaches, please try and keep the heat in our buildings. Keeping the side door closed and just using the hall door nearest the toilets makes a huge difference in the winter in both keeping the hall warm for after church coffee and reducing our energy bills. The same goes with the doors from the hall to the sanctuary, if we all close them as we walk through it will reduce the drafts.

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